

Become a member of NAMI

With your NAMI Michigan Membership. You will receive:

- News from NAMI National
- Support through your local affiliate
- Access to NAMI resources & information
- Newsletters/magazines from NAMI
- Voting rights
- Updates and information on local group

MEMBERSHIP LEVELS

Organization..\$250 (includes advertising,

Newsletters, 5 e-mails for e-news)

General Voting Member..\$35 (includes State of Michigan and National)

Persons with low income or are unemployed wanting to join should call 517-675-7793 if they need a discounted membership.

Per meeting is \$3.00 at the door.

Name (please print)

Address

City State zip

E Mail Address _____

Willing to Volunteer: Yes____ No____

Area of Interest _____

Send Check or Money order made payable to:

NAMI SHIAWASSEE
PO BOX 434
OWOSSO, MI 48867

Or go to nami.org to join online and choose NAMI Shiawassee (Owosso) as you local affiliate.

*Hope is a
Gift we can
Give each
Other*

***NAMI* is an organization dedicated to improving the lives of individuals with mental illness and their families.**

***NAMI* offers a variety of programs, classes, and support groups for persons with mental illness and their family members.**



NAMI

**National Alliance
on Mental Illness**

NAMI

Shiawassee

Address: PO Box 434
Owosso, MI 48867

Phone: 517-675-7793

e-mail: tanyatom@aol.com

www.namishiawassee.org

NAMI is a grass roots

Organization dedicated to the improvement of quality of life for persons, families and others who are affected by mental illness.

NAMI is organized as

Community affiliates within state associations, which are grouped to form a national organization.

Most members of NAMI are part of an affiliate, a state organization and the national organization.

NAMI National (from Affiliate toolkit)

"In April 1979, six independent support groups for parents of adults with severe and persistent mental illness from around the country joined forces in Madison Wisconsin to hold the first conference of the National Alliance for the Mentally Ill. Attendance for this historic meeting was 284.

As NAMI has evolved, interest and membership has extended beyond parents to include spouses, siblings, children, friends of people with MI and mental health professionals.

Thirty people from Michigan

Attended the NAMI organizational meeting in 1979.

In 1986, advocacy groups throughout the state of Michigan formed NAMI Michigan.

NAMI Shiawassee's purpose is to assist affiliates, provide support, promote education, pursue advocacy and encourage research on mental illness.

Assistance

- **Manage annual conference**
- **Operates state office**
- **Conduct board meetings**
- **Provide a newsletter**
- **Maintaining the NAMI MI web site (nami.shiawassee.org)**
- **Sends e-mails of interest**
- **Provides a resource for affiliates**

Support

- **Provides material that explains the nature of mental illness**
- **Provides assistance in finding an affiliate in your community**
- **Publishes a resource guide for families**

Education

- **Develop, administer, train instructors in educational programs "Families in Action" for those who have loved ones with mental illness. "Hugs" for families of children with mental illness, "In Our Own voice" in which persons with mental illness describe how to cope with mental illness**
- **Coordinate education by a variety of speakers and other venues**

Advocacy

- **Advocates for improved services**
- **Promotes improved public policy**
- **Is a resource for those administering public policy**
- **Strives for parity in insurance coverage for mental illness**

We join together

with thousands of members across the nation to insure that people with mental illness are helped to the maximum extent that can be provided by our society.

We provide information

to the public to help eliminate the stigma of mental illness

We help each other

to learn about mental illness and the issues associated with mental illness.

We want

those with mental illness to be treated with the same respect and resources as those with other diseases.

We confidentially share

our knowledge and experiences through peer support. This should not be considered professional advice or treatment. Appropriate professionals should be consulted as needed.

We support

the use of evidence based treatment programs and practices that pursue recovery.