



National Alliance on Mental Illness

National Alliance on Mental Illness Will Again Sponsor A Family-to-Family Education Program

NAMI Shiawassee will again sponsor the FREE NAMI Family-to-Family Education Program specifically for families of persons diagnosed with serious mental illness/brain disorder. The 10-week series of classes will be held weekly beginning on Wednesday, April 19, 2017 from 6:00 p.m. to 7:30 p.m. at Memorial Hospital in Owosso, MI. There is a limit of 15 participants, so please call Tanya Eppinga ASAP to reserve your spot.

This course is for families and friends of individuals who are dealing with conditions such as Major Depression, Anxiety Disorders, Borderline Personality Disorder, ADHD, Bipolar Disorder, Post Traumatic Stress Disorder and Schizophrenia, etc.

The course is taught by trained family members who have lived with a loved one with a brain disorder.

ALL COURSE MATERIALS ARE FURNISHED AT NO COST

Many family members that have taken the course describe it as life changing. Join thousands of families just like yours who have gained information, insight, understanding and empowerment from this nationally recognized program. There is also a Support Group that was started by past participants and is facilitated by trained NAMI members that will start meeting again when the class has ended.

Please call Tanya Eppinga at (517) 881-1796 to sign up for the class and discuss if the program will meet your needs.

